Western Regional Laboratory Drug Chemistry Procedure Manual Effective Date: June 19,1997

Name of Procedure:

Extractions and Separations
Extraction of Anabolic Steroids from Vegetable Oils

Suggested Uses:

This procedure is used to isolate anabolic steroids from various vegetable oil preparations.

Apparatus Needed to Perform Procedure Including Preparation of Reagent:

Fume hood

Eye protections

Laboratory coat

Gloves

Methanol

Heptane

Hexane

Reagent bottles

Disposable syringe with needle

Beakers

Pipets, glass, disposable

Rubber bulbs

Heat source

Nitrogen gas source

Centrifuge, Hamilton Bell, Vanguard V6000

Centrifuge tubes, 15ml polypropylene

Application of Procedure on Evidence:

- 1. Withdraw 1 milliliter of oil using a syringe and transfer the oil to a centrifuge tube.
- 2. Add 2 milliliters of heptane or hexane and mix well.
- 3. Add 1 milliliter of methanol and mix well.
- 4. Centrifuge for 2-3 minutes to separate the layers.
- 5. Transfer the methanol layer to a small beaker and evaporate methanol using a steam bath or warm heating device and nitrogen.

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Safety Concerns:

Methanol, hexane and heptane are flammable.

Literature References:

Chiong, D. M., Consuegra-Rodrigues, E., Almirall, J. R., "The Analysis and Identification of Steroids", **Journal of Forensic Science**, Vol, 37, No. 37, March, 1992, pp. 488-502.

Clark, C. C., "The GLC Quantitation of Some Anabolic Steroids in Vegetable Oil Preparations", **MICROGRAM**, Vol. XXV, No. 10, October 1992, pp. 255-268.